



Ellie Lancaster

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Originally from the Wye Valley and the Forrester of Dean, I enjoy walking in the woods with family and friends. I've lived in Cardiff for the last 15 years and frequently walk, run, cycle and paddleboard around the Bay and barrage. A big movie nerd I enjoy watching all sorts of films at home with my two cats, Korben and Lelu (named after characters in the movie The Fifth Element). During my HR career I have worked primarily in the events sector and the technology sectors, most recently for a global cyber security company.